

Wednesday, March 1
York High School Heart Yourself Project
10:30 am, Grand Living Room
 York High School's Young Women's Leadership Club is looking for participants for their *Heart Yourself Project*. Please meet in the Grand Living Room to be interviewed by these wonderful young women for their project celebrating women and girls of all ages.

Wednesday, March 1
Movie Matinee: *The Swimmers*
1:30 pm, Grand Living Room
 Based on a true story of two young sisters who embark on a harrowing journey as refugees from war-torn Syria to the 2016 Rio Olympics, putting their hearts and champion swimming skills to heroic use.

Thursday, March 2
Maine Leaders & Legends:
US Sen. Margaret Chase Smith
3:15 pm - Grand Living Room
 Join Mark to learn about this true trailblazer who brought women into the forefront of political activism and power and set the standard for decency in political discourse.

Every Tuesday & Thursday in March
Yoga Class with Gretchen
10:30 am, Inn Gym
 Please sign-up at the front desk for this popular exercise program.

Fridays, March 3 and 17
Bible Study
1:30 pm, Library
 Join with us as we learn and discuss the Bible.

Sunday, March 5
The MET On Demand: *L'Elisir d'Amore*
1:00 pm, Grand Living Room
 This Donizetti opera follows Adina, the beautiful landowner, and Nemorino, the clumsy but lovable young man, through the ups and downs of their love story. A romantic comedy with many twists and turns.

Mondays in March
Balanced Focus Exercise with Jo
11:15 am, Gym
 Join Physical Therapist Jo with Preferred Therapy for balance-focused exercises.

Monday, March 6
Podcast Club
2:00 pm, Library
 Join Jacki and listen to and then discuss an interesting podcast or two.

Every Tuesday in March
News and Views with Robert Waldman
2:00 pm, Grand Living Room
 Robert facilitates insightful discussion on current events.

Wednesday, March 8
Movie Matinee: *This Beautiful Fantastic*
1:30 pm, Grand Living Room
 In this 2016 British romance drama, Bella Brown is a young woman with obsessive-compulsive disorder whose fear of plants causes her to neglect the garden of her rented house. Her curmudgeonly next-door-neighbor, a widower named Alfie, reports Bella. Her landlord gives her one month to improve the garden or face eviction.

Thursday, March 9
Tennyson Art Gallery: Art Opening
Natty Graham Photography
3:00 pm, Primrose Dining Room
 Join us for the opening of a new art installation in the Tennyson Art Gallery. We are excited to welcome local photographer Natty Graham whose stunning photos are inspired by the comfort, mystery, and power of the ocean. Refreshment will be served. nattygraham.com

Monday, March 13
Charades!
2:00 pm, Grand Living Room
 Whether you are an actor or a theater-goer, join your neighbors for a lively game of Charades. The more the merrier, so bring a friend!

Wednesday, March 15
Movie Matinee: *La La Land*
1:30 pm, Grand Living Room
 A romantic musical comedy-drama, about a struggling jazz pianist and an aspiring actress, who fall in love while pursuing their dreams in Los Angeles.

Thursday, March 16
The Big Ideas Series: Ethics and the Law
3:15 pm, Grand Living Room
 Join Mark for more lively, insightful discussion focusing on real world ethical case studies.

The Climate is Changing and So Can You Series: Climate Action Plan
2:00 pm, Grand Living Room
 View a prerecorded presentation to find out what's been happening in York since the Climate Action Plan went before the voters last May. Learn about the Town's role in combating climate change, and how the citizen action group *York Ready for Climate Action* helps individuals reduce our community's greenhouse gasses.

Wednesday, March 22
Movie Matinee: *The Dig*
1:30 pm, Grand Living Room
 In 1939, Suffolk landowner Edith Pretty hired local self-taught archaeologist-excavator Basil Brown to tackle the large burial mounds at her rural estate in Sutton Hoo near Woodbridge. This true story stars Carey Mulligan and Ralph Fiennes.

Thursday, March 23
Piano Music with Sara
2:30 pm, Grand Living Room
 Sara entertains us with her piano talents.

Sunday, March 26
Starr Theater: *A Doll's House - Part 2*
Bus Leaves Main Entrance at 2:00 pm
 Kittery's award-winning Threshold Stage Company presents this contemporary Tony Award winning play; a standalone follow-up to Henrik Ibsen's *A Doll's House*. **Cost: \$25. A minimum of 4 attendees is required.**

Monday, March 27
Treasures & Tales
2:00 pm, Inn Lobby
 Meet your neighbors in the Lobby to share one or more of your treasures and tell their tale.

Wednesday, March 29
Movie Matinee: *The Aviator*
1:30 pm, Grand Living Room
 Leonardo DiCaprio depicts the legendary director and aviator Howard Hughes' from his early filmmaking years as owner of R.K.O., to his role in designing and promoting new aircraft and the founding of TWA.

Thursday, March 30
Short Story & Review
3:15 pm, Library
 We're back! Our short story group will resume on March 30. Keep an eye out for further information.

Important Dates in March

- DAYLIGHT SAVINGS TIME BEGINS: March 12
- Grocery Shopping Thursdays: Hannaford March 2, 9, and 16 at 1:30 pm, and Market Basket March 30 at 1:30 pm. **Note Date Change:** Hannaford Friday March 24 at 10 am.
- Monday Shopping Trips leave from the Front Lobby at 10:30 am each week. Destinations are listed on the March Calendar.
- Blood Pressure Clinic every Tuesday at 9:30 am in the Inn Library.
- Catholic Communion is available to individuals every Friday morning. Please contact the Activities Department if you would like to be added to the list.
- Please sign-up for programs and trips in the binder at the Front Desk. Trips leave from the Main Entrance.
- Please Note: Event ticket fees are due before the event. Payment may be made to the Sentry Hill Business Office. Tickets are purchased prior to the event by the Activities Department for those who have signed-up and are nonrefundable.