






# Inn & Cottages

## May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Happy Birthday!</i></p> 	<p><b>1 10:30 Shop at TJ Maxx, HomeGoods, Whole Food, Marshalls</b> 11:15 Balanced Exercise with Jo - G 2:00 Podcast Group-L</p>	<p><b>2 9:30 BP Clinic - L</b> 9:30 Coffee &amp; Chat - L 11:15 Exercise - G <b>1:00 AGEISM Discussion w/Melissa Donegan-GLR</b> 2:00 News &amp; Views-GLR</p>	<p><b>3 11:15 Weights &amp; Bands - G</b> 1:30 Movie: <i>Worth</i> - GLR 2:30 Accordion Music with Gary - D</p>	<p><b>4 9:30 Coffee &amp; Chat - L</b> 11:15 Exercise - G <b>1:30 Shop at Hannaford</b></p>	<p><b>5 Communion Visits</b> 11:15 Seated Pilates-G 1:30 Bible Study - L 4:00 Social Hour - GLR</p>	<p><b>6 9:30 Coffee &amp; Chat - L</b> 2:00 Bridge - GR</p> <p style="text-align: center;">Kentucky Derby</p>
<p><b>7 1:00 The MET On Demand: Carmen - GLR</b> 2:00 Bridge - GR</p>	<p><b>8 10:30 Shop at Trader Joe's, Kohl's</b> 11:15 Balanced Exercise with Jo - G 2:00 Charades! - GLR</p>	<p><b>9 9:30 BP Clinic - L</b> 9:30 Coffee &amp; Chat - L <b>9:45 Coffee with Cops: Trip to York Police Department</b> 11:15 Exercise - G 2:00 News &amp; Views -GLR</p>	<p><b>10 11:15 Weights &amp; Bands - G</b> 1:30 Movie: <i>The Quiet Girl</i> - GLR 2:30 Music with Terrie Collins - D</p>	<p><b>11 9:30 Coffee &amp; Chat - L</b> 11:15 Exercise - G <b>1:30 Shop at Hannaford</b></p>	<p><b>12 Communion Visits</b> 11:15 Seated Pilates-G 1:30 Hollywood Dominoes - GR 4:00 Social Hour - GLR</p>	<p><b>13 9:30 Coffee &amp; Chat - L</b> 2:00 Bridge - GR</p>
<p><b>14 2:00 Bridge - GR</b></p>  <p style="text-align: center;">Mother's Day</p>	<p><b>15 11:45 Lunch Out: Maine Diner</b> 11:15 Balanced Exercise with Jo - G 2:00 Origami Class - GR</p>	<p><b>16 9:30 Blood Pressure Clinic - L</b> 9:30 Coffee &amp; Chat - L 10:30 Yoga - G 2:00 News &amp; Views - GLR</p>	<p><b>17 11:15 Weights &amp; Bands - G</b> <b>1:00 Resident Council</b> 1:30 Movie: <i>The Favourite</i> - GLR 2:30 Saxophone Music w/Brian Kane - D</p>	<p><b>18 9:30 Coffee &amp; Chat - L</b> 10:30 Yoga - G <b>1:30 Shop at Hannaford</b> 3:30 Moral Decision Making w/Mark - GLR</p>	<p><b>19 Communion Visits</b> 11:15 Seated Pilates-G 1:30 Bible Study - L 4:00 Social Hour - GLR</p>	<p><b>20 9:30 Coffee &amp; Chat - L</b> 2:00 Bridge - GR</p>
<p><b>21 2:00 Bridge - GR</b></p>	<p><b>22 10:30 Shop at Reny's</b> 11:15 Balanced Exercise with Jo - G <b>1:00 Fraud Safety Talk with Det. Jamie Robie of YPD - GLR</b></p>	<p><b>23 9:30 Blood Pressure Clinic - L</b> 9:30 Coffee &amp; Chat - L 10:30 Yoga - G 2:00 News &amp; Views - GLR</p>	<p><b>24 11:15 Weights &amp; Bands - G</b> 1:30 Movie: <i>Nomadland</i> - GLR 2:30 Piano Music with Dave Stone - D</p>	<p><b>25 9:30 Coffee &amp; Chat - L</b> 10:30 Yoga - G <b>1:30 Shop at Hannaford</b> <b>3:30 Short Story Group w/Jean Kerr - L</b></p>	<p><b>26 Communion Visits</b> 11:15 Seated Pilates-G 1:30 Hollywood Dominoes - GR 4:00 Social Hour - GLR</p>	<p><b>27 9:30 Coffee &amp; Chat - L</b> 2:00 Bridge - GR</p>
<p><b>28 2:00 Bridge - GR</b></p>	<p><b>29 11:15 Balanced Exercise with Jo - G</b> <b>1:00 Memorial Day Visit to First Parish Cemetery</b></p> <p style="text-align: center;">Memorial Day</p>	<p><b>30 9:30 Blood Pressure Clinic - L</b> 9:30 Coffee &amp; Chat - L 10:30 Yoga - G 2:00 News &amp; Views - GLR</p>	<p><b>31 11:15 Weights &amp; Bands - G</b> 1:30 Movie: <i>The Wonder</i> - GLR 2:30 Irish Music with Kevin Farley - D</p>		<p><b>G - Gym</b> <b>GLR - Grand Living Room</b> <b>L - Library</b> <b>PR - Primrose Dining Room</b> <b>D - Dickens Dining Room</b> <b>GR - Game Room</b></p>	